

Welcome to the 3rd Newsletter of the FINER – Find your INner powER – Project!

In this newsletter, we will look at some of the exciting developments in the FINER project, including a partner meeting in Vienna, and a transnational training event in Turin!

Well-Being in Wien!

The captivating city of Vienna recently played host to a stimulating project meeting for the FINER project team. Partners from Austria, Cyprus, Greece, Germany, Ireland, and Italy embarked on a journey to explore the latest developments and future plans of the project.

The two-day meeting was a whirlwind of ideas and discussions, as each partner enthusiastically shared their progress in the FINER project. But that's not all! We also set our sights on an upcoming three-day training event in Turin, which promises to be an extraordinary experience.

The buzzing atmosphere in Vienna set the stage for an exceptional meeting, where partners rejoiced in the progress made so far. The FINER project is sailing smoothly, staying true to its schedule, and aiming to wrap up by autumn 2023.

But hey, it wasn't all work and no play! Partners indulged in a delightful culinary adventure, relishing a scrumptious meal at a traditional Viennese restaurant. Guess what stole the spotlight? Traditional Austrian Schnitzel!

As the project gears up for its next milestone, the excitement continues to build. The next project meeting will take place online, bringing partners together once again. Our mission? To make the final preparations for the eagerly anticipated training event in Turin.

Stay tuned for more updates as we look forward to igniting young adults' lives with the incredible well-being tools crafted by the FINER project. The journey has only just begun, and the possibilities are limitless!





Photo by Massimiliano Morosinotto on Unsplash

Up-coming Training in Turin!

We start in the summer with an exciting event in the FINER calendar because the University of Turin in Italy will be the stage for hosting a remarkable transnational training event in June 2023.

Picture this: two young adults from each partner country, joined by other individuals who work closely with this dynamic target group, coming together to embark on an immersive journey of growth and well-being.

This training event is not your ordinary run-of-the-mill affair! Participants will have the incredible opportunity to dive into the rich resources created by the FINER project.

From enhancing physical well-being to nurturing mental health, they will gain invaluable skills that can be seamlessly woven into their daily lives.

Remember, it's all about enhancing well-being, fostering growth, and celebrating life. Together, we'll reach new heights with FINER!

To find out more about this training in Turin, or to share your own stories of how you manage your well-being, please send us a message or leave us a comment through our social media:



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Keep up to date with FINER:

To find out more about our well-being project for young adults and adult educators, please check out our website:

www.finerproject.eu

And don't forget to find and follow us on Facebook:



And on Instagram:



The Team behind FINER:

FINER is being promoted by a team of 6 organisations from across Europe.



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