



THE PROJECT

The project Food for Change is a 24-month Erasmus+ project which aims at empowering young people to rebuild a sense of community and civic engagement in the field of education, training, and youth work post-pandemic.

By using food as a medium, we want to create an intercultural dialogue with youth coming from diverse backgrounds in terms of race, gender, and socio-economic class. In doing so, we aim to bring youth out of their social bubbles and online echo chambers and into new social settings to share their stories, and experiences with like-minded peers and worldviews with diverse groups of youth. Through our Food for Change training and dialogue dinners, we want to promote tolerance, inclusion, and diversity to prevent radicalization, racism, and discrimination among youth. Thus, we hope to utilize the advantage of informal food-based methods to strengthen the involved organizations and relevant stakeholders such as educational institutions, public schools, and youth organizations' capacity to work with youth.



TARGET GROUPS

- Youth with diverse backgrounds
- Youth at risk of social exclusion
- Youth facilitators
- Youth workers and professionals



PROJECT RESULTS



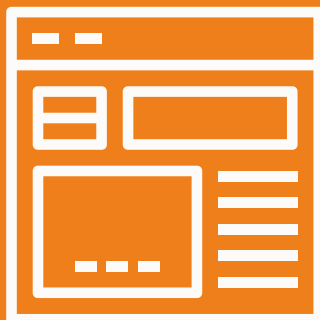
Recipes for Conversation e-Book

A collection of best practices, recipes (guidelines) for a conversation on issues that concern young people, country reports and seasonal food recipes.



Food for Change Training

A Joint Staff Training event, in Copenhagen, where youth workers will be trained on the method of Dialogue Dinners Afterwards, in their countries they will host Dialogue Dinners with young people, creating strong youth communities.



Food for Change Online Platform

An accessible-for-everyone hub, where every interested individual and stakeholder organization will find the developed material of the project as well as additional interactive resources and exercises.

KICK-OFF MEETING IN BERLIN

On the 13th and 14th of February, the partners met in Berlin, at Comparative Research Network's facilities and attended an extraordinary Kick-off Meeting! Partners cooked together using products from their countries following local recipes to share with the rest of the team, while they enjoyed an intercultural launch, tasting the different dishes offered by each partner country.



In addition, they worked on the Empathy Interviews method to be performed for the development of the first project result of the project and practice it in small groups in order to get familiar with it.

Finally, the partners set the upcoming actions and tasks for the project implementation.

We will keep you updated on the coming news and activities!

PARTNER ORGANIZATIONS

